

Knights Showcase Information Packet



GAME FORMAT

- All rules are USA Hockey rules and regulations for on-ice play
- The Northstar Knights are a sanctioned affiliate of Minnesota Hockey
- Please have your teams ready 10 minutes before the game time. There will be a 5-minute warm up (pucks will be provided) and 5 minutes for the National Anthem and pre-game prayer for Knights games. For Non-Knights games, just a 5 minute warmup and pre-game prayer from one of our staff - no anthem.
- Game Duration:
 - 3 20-minute stop time periods for 18U teams
 - 3 18-minute stop time periods for 16U teams
- 15-minute Zam-cut intermission between each period
- If games are tied after regulation:
 - 1 minute intermission
 - Goaltenders will switch ends for the overtime period
 - 5-minute, 3-on-3 overtime
- If games are tied after OT:
 - 3 man shootout. Goaltenders will defend the same net they did during overtime. Visiting team shoots first
 - Sudden Death shootout if still tied after 3 rounds
- Run clock in the 3rd period if a team has a 5 goal lead
- A trainer will be on site at every game
- 4 USA Hockey Officials will be provided at every game
- Home teams will wear light uniforms and away teams will wear dark

ADDITIONAL INFORMATION

- Line Charts, Coffee and Snacks will be available for coaches and scouts in the conference room
- Scoresheets can be found in the conference room - please fill your lineup out prior to the start of the game and can pick it up there at the conclusion of every game
- Teams will need to provide their own equipment if they wish to broadcast games
- Team locker room assignments are as follows Lincoln 16U (1), Lincoln 18U (2), Chicago 16U (3), Chicago 18U (4). Teams may leave their equipment in the locker room between games and overnight.
- The fieldhouse is available to use for warmups Friday the 31st from 3PM-9PM, and Saturday the 1st from 8AM-12PM. Teams may warm-up on the upper concourse when the field house is not available
- Teams will need to take care of their own skate sharpenings. There are 2 places in town that offer skate sharpenings:
 - Runestone Community Center - 802 3rd Ave W, Alexandria, MN 56308
(320) 763-4466
 - Cowing Robards Sports - 512 Broadway St, Alexandria, MN 56308
(320) 763-4333
- Recommended Restaurants
 - Quick* - Dominos, Qdoba, Culvers, Jimmy Johns, Subway
 - Sit Down* - Boulder Tap House, Pizza Ranch, Pike and Pint, Depot Express, D.J's Tap House

CONTACT INFORMATION

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SHOWCASE SCHEDULE

DATE	AGE	HOME (LIGHT)	LR	AWAY (DARK)	LR	TIME
1.31.25	16U	Northstar Knights	NCA	Lincoln Stars	1	4:00 PM
1.31.25	18U	Northstar Knights	NCA	Lincoln Stars	2	6:15 PM
2.1.25	16U	Lincoln Stars	1	Chicago Fury	3	9:00 AM
2.1.25	18U	Lincoln Stars	2	Chicago Fury	4	11:15 AM
2.1.25	16U	Northstar Knights	NCA	Chicago Fury	3	4:00 PM
2.1.25	18U	Northstar Knights	NCA	Chicago Fury	4	6:15 PM
2.2.25	16U	Northstar Knights	NCA	Chicago Fury	3	9:00 AM
2.2.25	18U	Northstar Knights	NCA	Chicago Fury	4	11:15 AM